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# Dietary Approaches and Components and Quality of Life in Cancer Patients

Guest Editor:

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Deadline for manuscript submissions:

closed (15 September 2023)

# Message from the Guest Editor

Dear Colleagues,

Nutrition plays a role in many aspects of cancer development and treatment. Epidemiological and clinical research indicate the relationship between nutrition and the development or progression of certain cancers, including colon, breast, and prostate cancer, therefore classifying these tumors as diet-related cancers. Diet and its components can modify the risk of developing a disease. Indeed, some compounds contained in food can communicate with our genetic heritage and positively or negatively influence our state of health. The epigenome has been identified as the principal target of gene expression modulations associated with these molecular nutrients. Recent developments in the knowledge of the mechanisms behind nutrigenomics, nutrigenetics, and nutraceuticals have led to the identification of superfoods capable of positively regulating gene expression.

Guest Editor







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