



Diets, Foods and Food Components Effect on Dyslipidemia

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Message from the Guest Editors

Dear Colleagues,

Hypercholesterolemia is an independent risk factor for cardiovascular disease and a recognized target of pharmacological therapeutic agents in both primary and secondary prevention. However, there is increasing interest for the use of natural lipid-lowering compounds that may delay or circumvent drug therapy.

To date, there is a strong evidence showing that dietary factors are able to influence atherogenesis. In particular, the Mediterranean diet is particularly rich in vegetable active compounds contributing to its positive effect on human health.

In this Special Issue, we invite investigators to contribute original research articles reporting data from both experimental and clinical studies as well as review articles that provide evidence of the effect of food, diet, and dietary components on dyslipidemia.





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