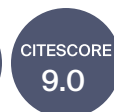




nutrients



an Open Access Journal by MDPI

E-health: A Novel Approach for Dietary Interventions

Guest Editors:

Dr. Megan Whatnall

Prof. Dr. Clare Collins

Dr. Erin Clarke

Deadline for manuscript
submissions:

closed (28 February 2023)

Message from the Guest Editors

In order to be effective, dietary interventions must consider an individual or groups' desired goals and motivations, health status, current eating habits and dietary intake, as well as the methods of delivery required to optimise intervention or treatment effectiveness and cost effectiveness. The delivery methods for dietary interventions must be targeted and tailored to suit specific needs, such as geographical location, accessibility of resources, time and costs. eHealth offers a novel approach to enhance the effectiveness and cost effectiveness of dietary interventions by enabling flexibility to meet many of these needs, and advanced capability to personalise and automate aspects of dietary interventions and resource allocation.

The planned Special Issue seeks to include research regarding eHealth for dietary management, including formative work to inform eHealth dietary interventions, trials of eHealth dietary interventions, cost-effectiveness analyses and systematic reviews or other related papers on the topic of nutrition in e&mHealth.



mdpi.com/si/124833

Special Issue



nutrients



an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación
Biomédica en Red Fisiopatología
de la Obesidad y la Nutrición
(CIBEROBN), Institute of Health
Carlos III, 28029 Madrid, Spain
2. Research Institute of
Biomedical and Health Sciences
(IUIBS), University of Las Palmas
de Gran Canaria, 35001 Las
Palmas, Spain
3. Preventive Medicine Service,
Centro Hospitalario Universitario
Insular Materno Infantil (CHUIMI),
Canarian Health Service, 35016
Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional
Sciences, University of
Connecticut, Storrs, CT 06269,
USA

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank: JCR - Q1 (*Nutrition & Dietetics*) / CiteScore - Q1 (*Nutrition and Dietetics*)

Contact Us

Nutrients Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/nutrients
nutrients@mdpi.com
[X@Nutrients_MDPI](https://x.com/Nutrients_MDPI)