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## Early Diet in Pre-term Infants and Developmental Outcomes: Current Insights and Future Direction

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### Message from the Guest Editor

Dear Colleagues,

Pre-term birth remains a significant global health challenge, with infants born prematurely often facing a multitude of health risks and developmental hurdles. Early nutrition plays a pivotal role in influencing their health and long-term developmental outcomes. This Special Issue offers a platform for authors and researchers to contribute their groundbreaking work, share valuable insights, and shape the discourse surrounding early nutrition in pre-term infants, addressing topics such as the roles played by breast milk, fortification strategies, optimal nutrient composition, and the impacts of early dietary interventions on neurodevelopmental outcomes. Together, we can enrich our understanding of the importance of early diet in pre-term infants and pave the way for more effective strategies and interventions to optimize their quality of life. In addition to disseminating up-to-date insights, this Special Issue encourages its authors to consider future directions in research and clinical practice.

Dr. Otilia Marginean

*Guest Editor*



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