



Dietary Fiber and Inflammatory Bowel Disease

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Message from the Guest Editors

Dear Colleagues,

Inflammatory bowel diseases (IBDs), including Crohn's disease and ulcerative colitis, are chronic diseases of the gastrointestinal (GI) tract, characterized by chronic inflammation that damages the structure of the GI tract.

The global prevalence of IBD patients has significantly increased in the last 5 years. However, current treatments only slow their progression, with no existing cure. It is important to understand IBD development and to find out what the underpinning mechanisms of the disease are.

A healthy diet is an important factor for maintaining a healthy lifestyle, as well as being a major part of life with IBDs. Dietary fiber, as the key component of a healthy diet, has been identified to help manage and even reduce symptoms of IBDs.

This Special Issue aims to link diet (e.g., dietary fiber) and IBDs. All research on mechanistic, observation and epidemiological levels regarding such topics, including basic science, translational study and public health, is welcome.

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