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Food Insecurity, Nutrition and Obesity Outcomes in Adolescents and Young Adults

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submissions:

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Message from the Guest Editors

Dear Colleagues,

Adolescent and young adult (AYA) developmental periods are marked by high rates of overweight and obesity, and suboptimal dietary patterns are frequently observed. Food insecurity is also prominent among AYAs, contributing to racial and ethnic inequities in numerous chronic illnesses, including obesity and obesity- and diet-related comorbidities. There is thus a great need to advance understanding of the interplay between food insecurity and nutrition and obesity outcomes during these developmental periods, to build an evidence base to inform policy, public health, clinical, and scientific agendas, and ultimately reduce nutritional and obesity inequities.

This Special Issue of *Nutrients* entitled “Food Insecurity and Nutrition and Obesity Outcomes in Adolescents and Young Adults” welcomes the submission of original manuscripts describing research conducted in adolescents and/or young adults, spanning ages ~12–29 years, working on this topic.



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Special *Issue*



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