



Nutritional Status and Metabolic Integrity among Elderly

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Message from the Guest Editors

Dear Colleagues,

Geroscience, an emerging research field, studies the reciprocal interactions between chronic diseases and the aging process in older adults.

In addition to lifestyle, healthy aging depends in part on dietary intake and the metabolism of nutrients and functional foods. Metabolic integrity plays a pivotal role in every cell and tissue for such physiological regulation toward normal energy metabolism, glucose homeostasis, neurological function, and other fundamental systemic coordination. Abnormal metabolic responses have been implicated in various age-related diseases including cancer, diabetes, cardiovascular diseases, neurodegeneration, and infectious diseases. Optimal body nutritional status can modulate these responses for optimal health and healthy aging.

This Special Issue welcomes submissions of original research and review articles concerning any aspect of nutritional protection against age-related chronic diseases.





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