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Nutritional Approaches in Prevention and Treatment of Heart Disease and Diabetes

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Deadline for manuscript
submissions:
closed (31 March 2023)

Message from the Guest Editor

Despite improved health care and the enhanced understanding around the causes of cardiometabolic disease, including type 2 diabetes, metabolic syndrome, hypertension, hyperlipidemia, heart failure, and coronary heart disease, they remain among the top causes of death and disability worldwide. The poor control of diabetic condition leads to a series of complications, such as diabetic nephropathy, diabetic retinopathy, diabetic foot, diabetic peripheral neurovascular disease, and other clinical symptoms, which seriously impair patients' quality of life. Because of the long-term nature and complexity of disease treatment, cardiometabolic disease patients have experienced tremendous psychological pressure, which is significantly associated with unhealthy eating behavior, physical inactivity, and poor self-management in patients with cardiometabolic disease and diabetes. This Special Issue aims to attract original research articles and review articles which focus on how healthy-eating behavior and balanced diets as part of effective self-management can prevent cardiometabolic disease.



mdpi.com/si/135943

Special *Issue*



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Journal Rank: JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Food Science)

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