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Boost Brain Power with the Right Nutrition: Focus on Early Life

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Message from the Guest Editor

Dear Colleagues,

This Special Issue focuses on exploring the effects of different nutrients supplemented in early life on the growth, maturation, and functional development of the human central nervous system, especially the brain. It explores the effects of the different nutrients that are most suitable for brain potential development in terms of supplementation timing, dosage, and duration in early life, as well as their effects on the functional realization of different brain regions. Thus, we will evaluate the impacts of different dietary patterns and nutritional environments on brain development in populations of different ethnicities and genders and identify nutritional factors that are more suitable for human cognitive development.

Prof. Dr. Yajun Xu
Guest Editor



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