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Plant-Based Diet: A Sustainable Opportunity

Guest Editors:

Dr. Alok Paul

School of Pharmacy and
Pharmacology, University of
Tasmania, Sandy Bay, Hobart,
TAS 7005, Australia

Dr. Sónia M. R. Oliveira

Faculty of Dental Medicine,
Catholic University, Viseu,
Portugal

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submissions:
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Message from the Guest Editors

Dear Colleagues,

This Special Issue entitled Plant-Based Diet: A Sustainable Opportunity intends to cover a wide range of topics on plant-based diets, including, but not limited to, plant-derived foods, vegan diets, functional food plants, the ways in which functional food plants can reduce the need for medications, the importance of sustainability in growing your own food in relation to hunger and therapy, plant-based diets for the management of chronic disorders, spices for a healthy gut, edible oils from plants, fermented plant-derived foods and similar topics.

The main objective of this SI is to collect up-to-date scientific information on the benefits of a plant-based diet that may reduce the need for drugs to manage chronic disorders and maintain a healthy life while cutting medication costs, especially for people living in developing countries. This Special Issue is seeking articles (original research, clinical trials, narratives, and systematic reviews) focusing on plant-based foods to ensure better public health.



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Special Issue



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Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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Message from the Editorial Board

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Contact Us

Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
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