



## Hyperglycemia in Pregnancy and Nutrition

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Deadline for manuscript  
submissions:

**closed (30 January 2023)**

### Message from the Guest Editor

Hyperglycemia in pregnancy is associated with a range of pregnancy complications that can often be avoided with glucose and weight management. Diet, exercise, and optimization of gestational weight gain are the cornerstone of management for all forms of diabetes with or without pharmacotherapy and yet often remain a significant challenge for women during pregnancy. Determining how best to implement nutritional interventions and which nutritional interventions to promote are also topics of ongoing investigations.

In this Special Issue, we seek submissions involving all aspects of diet and diet therapy relating to the prevention and management of any form of hyperglycemia in pregnancy, including GDM, and including those relating to breastfeeding. This includes programs for the prevention of progression to type 2 diabetes after GDM involving dietary intervention. Reports on relevant clinical trials and nutrition-related health outcomes are encouraged.

Guest Editor  
David Simmons





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