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# Longevity Vitamins and Proteins: The Recipe for Healthy Aging?

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# **Message from the Guest Editors**

Dear Colleagues,

This Special Issue aims to advance the science of healthy aging, with a focus on micronutrients, dietary supplements, and the interventions used to modify their impacts, which have also been identified and require further investigation.

Manuscripts in different areas of nutritional science will be considered, but particularly manuscripts that address the following areas: nutrition; diet; nutritional treatment; dietary supplements, nutraceuticals; and weight status in relation to chronic disease prevention and progression for all ages and contexts, as well as for symptom management.

Finally, we welcome the submission of manuscripts that describe original research or systematic reviews related to nutrient science issues in healthy aging.

Deadline for manuscript submissions:

closed (20 May 2023)







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# Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peerreview and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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