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## Application of Immunonutrient in Human Health and Disease

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### Message from the Guest Editor

The study of Immunonutrition, which focuses on the interactions between nutrition and immunity, has significantly intensified during the last decades. This is a relevant field that has raised the interest of many health professionals. Indeed, there is a relevant number of papers showing different effects of diverse nutrients and bioactive compounds on immunological biomarkers.

This Special Issue deals with several examples of nutrients and food ingredients that have shown benefits for human health. Nowadays, there is a big concern about non-communicable diseases, mainly in industrialized countries. Thus, it is necessary to promote research, innovation, and development in this area, acquiring more knowledge to improve human health.



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# Special Issue



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*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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