



Influence of Fructose and Glucose Metabolism for Human Health

Guest Editors:

Dr. Xavier Fioramonti

Institut National de la Recherche
Agronomique, Université de
Bordeaux, Bordeaux INP,
NutriNeuro, UMR 1286, F-33000
Bordeaux, France

Dr. Veronique Douard

INRAE Agroparistech, Inst
MICALIS, Jouy En Josas, France

Dr. Chloe Melchior

1. Gastroenterol Dept, Rouen
Univ Hosp, Rouen, France
2. INSERM UMR 1073, Institute for
Research and Innovation in
Biomedicine, Normandy
University, Rouen, France

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submissions:

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Message from the Guest Editors

The impact of unbalanced nutrition on physiological functions is a public health concern. Sugar overconsumption has been highlighted as potentially harmful by institutes involved in nutritional recommendation, including the French Anses institute. Since the 1960s, sugar has been added to processed food. In addition, the ending of European sugar quota in 2017 will likely further increase its intake by 8–15% in the next decade. The nature of ingested sugars is particularly important since monosaccharides—products of sugars digestion, including glucose, fructose, galactose—do not have the same impact, depending on the organs they are absorbed in.

This Special Issue of the journal *Nutrients* will welcome original articles or reviews addressing the questions of the impact of ingested sugars on health. We invite you to submit manuscripts that provide insights on how complex sugars or monosaccharides affect cerebral or peripheral functions. Studies showing how sugar consumption impact gut microbiota physiology will be also welcome. Relevant epidemiological data or research focusing on human, animal models or on “in vitro” approaches will be welcome.





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Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

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