



nutrients



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Genomics in Personalized Nutrition

Guest Editor:

Dr. Liang-Dar Hwang

Institute for Molecular
Bioscience, The University of
Queensland, Brisbane, QLD,
Australia

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submissions:

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Message from the Guest Editor

Dear Colleagues,

Genomics plays a critical role in personalized nutrition by providing insights into an individual's genetic makeup that can influence their nutritional needs and responses to different dietary interventions. Personal information of age, gender, health status, family history, and environmental exposures, together with genetics, predicts solutions for diet and lifestyle change, leading to personalized diet and lifestyle advice with cost-effective health benefits.

This Special Issue aims to showcase the cutting-edge research at the forefront of genomics in personalized nutrition, including the use of genomic data to develop personalized dietary recommendations, the impact of genetics on the response to dietary interventions, and the use of personalized nutrition for disease prevention and management.

We are seeking high-quality papers that present innovative approaches, rigorous study designs, and novel findings/insights. We envision that this Special Issue will inform evidence-based personalized nutrition advice, with promising approaches for improving health outcomes.



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Special *Issue*



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Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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Contact Us

Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
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