



*nutrients*



an Open Access Journal by MDPI

## Dietary and Lifestyle-Related Behaviours in Community-Dwelling Older Adults

Guest Editor:

**Dr. Karin Bammann**

Working Group Epidemiology of  
Demographic Change, Institute  
of Public Health and Nursing  
Research, University of Bremen,  
28359 Bremen, Germany

Deadline for manuscript  
submissions:

**closed (31 October 2022)**

### Message from the Guest Editor

This Special Issue focuses on the role of dietary- and lifestyle-related behaviours in community-dwelling older adults. We are interested in this group as they are facing critical life events, such as transitioning to retirement, meaning that they form a promising starting point for behavioural intervention. Moreover, the neighbourhood and the community are the most important settings for the group, shaping their behaviours and routines. Since all health-related behaviours are complex and multifactorial, determinants at all ecological levels contribute to the investigated behaviours at the intrapersonal, interpersonal, environmental, and societal levels. Possible contributions include studies of the distribution and determinants of dietary and lifestyle-related behaviours, its impact on indicators of health and disease, and interventions targeting these behaviours. The Special Issue is expected to paint a rich picture of the situation of community-dwelling older adults and their dietary- and lifestyle-related behaviours.



[mdpi.com/si/96391](https://mdpi.com/si/96391)

# Special Issue



# *nutrients*



an Open Access Journal by MDPI

## Editors-in-Chief

### **Prof. Dr. Lluís Serra-Majem**

1. Centro de Investigación  
Biomédica en Red Fisiopatología  
de la Obesidad y la Nutrición  
(CIBEROBN), Institute of Health  
Carlos III, 28029 Madrid, Spain  
2. Research Institute of  
Biomedical and Health Sciences  
(IUIBS), University of Las Palmas  
de Gran Canaria, 35001 Las  
Palmas, Spain  
3. Preventive Medicine Service,  
Centro Hospitalario Universitario  
Insular Materno Infantil (CHUIMI),  
Canarian Health Service, 35016  
Las Palmas, Spain

### **Prof. Dr. Maria Luz Fernandez**

Department of Nutritional  
Sciences, University of  
Connecticut, Storrs, CT 06269,  
USA

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

**Journal Rank:** JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Food Science)

## Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

## Contact Us

*Nutrients* Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

[mdpi.com/journal/nutrients](http://mdpi.com/journal/nutrients)  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)  
[X@Nutrients\\_MDPI](https://twitter.com/Nutrients_MDPI)