



Malnutrition and Unsustainability: The Role of the Diet in Achieving Global Security and an Adequate, Safe, and Sustainable Food System

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Message from the Guest Editor

Dear Colleagues,

Approaching food systems by adopting the perspective of diets can bring operational insights to the issue of the evolution of food systems towards sustainability according to its four dimensions: ecological, economic, social and food security and nutrition. Diet can be a good entry point to see what can be done individually and collectively to improve the ability of food systems to provide sufficient quantity, quality, and diversity of safe, affordable, and nutritious foods preserving biodiversity at production level and diversity of diet.

Examples of important research questions that this Special Issue hopes to address include (but are not limited to):

- Are some target groups more susceptible to unsustainable diet for micronutrient deficiency/hunger and/or obesity than others?
- How can we operationalize changes in the food system and diet combining health aspects and sustainable dimensions?
- What is the contribution of national dietary guidelines to address the shift versus a sustainable diet?
- How is a possible strategy to ensure biodiversity and nutrition security through food consumption?





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