



Phytomedicine, Mediterranean Diet and Prevention of Aging and Age-Related Diseases

Guest Editors:

Dr. Adil El Midaoui

1. Department of Pharmacology and Physiology, Faculty of Medicine, University de Montréal, Montreal, QC H3T 1A8, Canada
2. Faculty of Sciences and Techniques, Errachidia, Moulay Ismail University of Meknes, Meknes 50050, Morocco

Dr. Gérard Lizard

Team "Biochemistry of the Peroxisome, Inflammation and Lipid Metabolism", Université de Bourgogne Franche-Comté, 21000 Dijon, France

Deadline for manuscript submissions:
closed (15 January 2024)

Message from the Guest Editors

Dear Colleagues,

It is a great pleasure to welcome you to contribute to this Special Issue of *Nutrients*, which will be released as part of the First International Conference on "Phytomedicine, Mediterranean Diet and Prevention of Aging and Age-Related Diseases".

The conference and forthcoming papers will serve as an international forum for the presentation and discussion of current basic and clinical research in the field of phytomedicine and the Mediterranean diet.

This Special Issue of *Nutrients*, entitled "Phytomedicine, Mediterranean Diet and Prevention of Aging and Age-Related Diseases," aims to highlight the nutritional and therapeutic properties of argan oil, saffron, thyme and their nutrients as well as the Mediterranean diet's role in the prevention of aging and in the treatment and prevention of various age-related diseases and diseases of civilization. We are seeking articles from outstanding experts in the following fields: cardiovascular diseases, hypertension, type 2 diabetes, ocular diseases, metabolic syndrome, obesity, neurodegenerative diseases (Alzheimer's, Parkinson's), cancer and others.





an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank: JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Food Science)

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Contact Us

Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/nutrients
nutrients@mdpi.com
X@Nutrients_MDPI