



Modulation by Dietary Supplements in Obesity

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Message from the Guest Editors

Dear Colleagues,

Having grown over the past few decades, obesity is one of the most important risk factors for all causes of noncommunicable diseases.

A lifestyle modification, in terms of a healthy eating pattern and moderate physical activity, is the first line of defense in the management of obesity. However, several drug treatments and dietary supplements are becoming available and gaining more attention in managing obesity, specifically dietary supplements used as medicine with a low toxicity and easy access to the general population. In addition, they are often perceived as "safe" and less likely to have side effects.

Scientific research on dietary supplements is often misunderstood or inconclusive. Therefore, the purpose of this Special Issue is to obtain high-quality scientific evidence for the use of dietary supplements and nutraceuticals that can be used correctly as an adjuvant in the management of obesity and its comorbidities. Studies focusing on the intake, absorption and metabolism of dietary supplements are also welcomed.





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