



Phytonutrients in Inflammation and Metabolic Health

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Message from the Guest Editor

Dear Colleagues,

The aim of this Special Issue, “Phytonutrients in Inflammation and Metabolic Health”, is to focus on the importance of phytonutrients and other natural substances in diseases of civilization. Phytonutrients contain a wide range of nutrient substances that can be used to treat chronic and infectious diseases. The focus of this Special Issue is on both the extraction and isolation of plant extracts and the characterization of active substances of a natural origin.

Specifically, the aim of this Special Issue is to clarify whether plant extracts and natural substances can influence free radicals and inflammatory mediators, as well as their interaction, favoring human health and preventing diseases.

This new information will provide healthcare professionals with widespread, clear, and updated evidence on natural products in medical care.

Prof. Dr. Przemysław Ł. Zalewski
Guest Editor





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