



## Nutrition-Based Interventions for Neuropsychiatric Diseases in Children

Guest Editor:

**Prof. Dr. Hans-Willi Clement**

Center for Mental Illness,  
University Medical Center  
Freiburg, D-79104 Freiburg,  
Germany

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### Message from the Guest Editor

Dear Colleagues,

Nutrition does support our bodies with what is needed for growth and development. The bricks of life, represented in macronutrients and micronutrients do not only have effects on growth and functionality, they also play important roles in the neuropsychiatric development of children and adolescents. Children with Neuropsychiatric Diseases might need individualised composition of their daily meals. Special diets might be helpful such as the ketogenic diet for children with medication refractory epilepsy as a prominent example.

The role of the microbiome in the context of neuropsychiatric disorder may also be important as current results are implicating. Ideas and latest research in this field will hopefully allow to help children with Neuropsychiatric Diseases to improve.

This special issue will focus on the relationship between nutrition and Neuropsychiatric Diseases/development in children as a promising field of research and new discoveries in addition to pharmacological help.





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## Editors-in-Chief

### **Prof. Dr. Lluís Serra-Majem**

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

### **Prof. Dr. Maria Luz Fernandez**

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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*Nutrients* Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

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