



Nutrigenomics and the Future of Nutrition

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Message from the Guest Editors

Dear Colleagues,

The application of various -omics technologies to studies linking nutrition with human health and performance has enhanced our understanding of the effects of specific nutrients, food bioactives and dietary patterns and helped to explain the basis for individual differences in response. Findings in this area have also helped us to understand individual nutritional requirements and establish specific food bioactives and dietary patterns that improve health and performance.

This Special Issue of *Nutrients* aims to highlight the latest advances and showcase the current state of the science and latest findings in the field of nutritional genomics (nutrigenetics and nutrigenomics). Submissions may include original research studies that explore gene–diet interactions using various experimental models, clinical trials and population-based approaches. or reviews (systematic reviews and meta-analyses).

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Message from the Editorial Board

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