



nutrients



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Nutrition and Central Nervous System

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Message from the Guest Editor

Dear Colleagues,

The focus of this Special Issue is “Nutrition and the Central Nervous System”. The brain is, as a very specialized and one of the most metabolically active organs of the body, dependent on a steady and sufficient supply of dietary ingredients. The critical role of the diet for brain development as well as for proper CNS functioning and the possible preventative roles against neurodegenerative and neurological conditions is commonly accepted. The overarching aim of this SI is pinpointing the mechanisms of action and publishing state-of-the art contributions discussing the roles that nutritional compounds play in the development, maintenance and aging of the CNS.

The mode of action of a given ingredient, the specific effect of a certain diet on a CNS function or disease, as well as epidemiological evaluations demonstrating the consequences of a change in the microbiome affecting brain function will be considered for publication.

PD Dr. M. Hasan Mohajeri

Guest Editor



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Special *Issue*



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