



Nutrition Management and Dietary Treatment in Gastroenterology and Hepatology

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Message from the Guest Editor

Abundant data show that nutrition, combined with pharmacological therapies, has a fundamental role in the prevention and treatment of gastrointestinal diseases such as GERD, gastric and duodenal ulcers, IBS, pancreatitis, IBD, and cancer. Nutrition and intestinal microbiota are closely linked; incorrect nutrition alters the microbiota can affect many intestinal diseases and worsen prognosis.

For NAFLD and NASH, the most promising current therapy is correct nutrition. Non-coding RNAs have been studied as biomarkers for NAFLD.

In liver cirrhosis of any etiology, proper nutrition plays a fundamental role. Particularly in patients with advanced liver disease, it is important to implement a correct diet that maintains adequate fat and, lean mass. It is necessary that the patient with cirrhosis does not develop sarcopenia, a fearful complication, when present, determines an increase in morbidity and mortality. Thereby, providing adequate nutritional intake is essential to improving the prognosis of these patients. The aim of this Special Issue is to provide updated data on the relationship between nutrition and the gastroenterological and liver diseases indicated above.





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