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The Relationship between Nutrition and Digestive Diseases

Guest Editor:

Dr. Michele Cicala

Unit Digestive Disease, University
Campus Bio Medico of Rome

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Message from the Guest Editor

Dear Colleagues,

The gastrointestinal system is crucial for digestion and absorption; food is converted into energy and other substances that are used by cells throughout the entire body. Several gastrointestinal diseases have nutritional effects and, on the other hand, growing evidence shows that specific foods are implicated in disease onset or disease prevention. Nowadays, strong evidence supports the pivotal role of microbiota and its modulation by diet in the pathophysiology of gastrointestinal disease by means of modulation of intestinal permeability and inflammation. Malnutrition has a negative effect on the clinical course of underlying diseases, and is associated with poor clinical outcomes. Indeed, a personalized nutritional approach is crucial, particularly in inflammatory and neoplastic diseases.

Dr. Michele Cicala
Guest Editor



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Special Issue



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Prof. Dr. Maria Luz Fernandez

Department of Nutritional
Sciences, University of
Connecticut, Storrs, CT 06269,
USA

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Contact Us

Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
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