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The Relationship between Nutrition and Digestive Diseases

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Message from the Guest Editor

Dear Colleagues,

The gastrointestinal system is crucial for digestion and absorption; food is converted into energy and other substances that are used by cells throughout the entire body. Several gastrointestinal diseases have nutritional effects and, on the other hand, growing evidence shows that specific foods are implicated in disease onset or disease prevention. Nowadays, strong evidence supports the pivotal role of microbiota and its modulation by diet in the pathophysiology of gastrointestinal disease by means of modulation of intestinal permeability and inflammation. Malnutrition has a negative effect on the clinical course of underlying diseases, and is associated with poor clinical outcomes. Indeed, a personalized nutritional approach is crucial, particularly in inflammatory and neoplastic diseases.

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Guest Editor



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