



Nutrition Education in Medicine

Guest Editor:

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Message from the Guest Editor

Dear Colleagues,

Diet is the most prevalent modifiable risk factor for chronic disease. Nearly all adults receive care at least once a year from a health professional such as a general practitioner, nurse or allied health professional. Yet, nutrition discussions occur in very few consultations and only some people with a poor diet can recall ever discussing nutrition with a health professional. Barriers such as low nutrition knowledge of health professionals, low confidence and poor time prohibit these discussions from taking place. This Special Issue aims to examine how nutrition is integrated into medical and health care training as well as how nutrition care is provided to patients through a broad range of disciplines including dietitians, nutritionists, general practitioners, nurses, pharmacists, allied health professionals, coaches, and retail settings. We welcome the submission of studies that describe the effectiveness of interventions and educational initiatives as well as the reorientation of health services to focus on lifestyle behaviours, specifically diet.

Dr. Lauren Ball
Guest Editor





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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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