



Nutrition, Frailty and Sarcopenia Prevention

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Deadline for manuscript submissions:

closed (31 December 2021)

Message from the Guest Editor

Dear Colleagues,

While there is considerable interest among scientists regarding the effect of nutrition on frailty and sarcopenia epidemiology, there is still scant information on various factors as well as among temporal and regional patterns. Information among low- and middle- income older populations is limited. Recent studies have shown that specific nutritional components and dietary habits could have a beneficial effect on frailty syndrome as well as on sarcopenia and muscle loss. Given the importance of this issue, the journal *Nutrients* is planning a Special Issue on “Nutrition, Frailty and Sarcopenia Prevention” with the aim of providing a source for accurate and up-to-date scientific information on this topic.

We invite you and your co-workers to consider the submission of your original research findings or a review article on the topic. Manuscripts should focus on the impact of diet and nutrition to frailty and sarcopenia across older populations. We also welcome manuscripts that focus on community nutrition and intervention studies (i.e., protein diet, diet quality) that are related to frailty and sarcopenia.

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Guest Editor





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