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Nutrition in Gynecologic Disease

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Deadline for manuscript
submissions:

closed (31 July 2021)

Message from the Guest Editor

Dear Colleagues,

The pathologies concerning the gynecological organs are very varied and range from tumoral pathologies to hormonal dysfunctions. The benign and malignant disease include ovarian, endometrial, and cervical cancer, as well as gynecological benign diseases such as PCOS, endometriosis, and uterine leiomyoma.

Epidemiological studies show that lifestyle like diet can be an important risk factor for gynecological diseases. The human diet contains a wide variety of plant-based foods that provide essential nutrients for the body. Besides, plant-based foods possess variety of non-nutritive components also benefit for health.

This Special Issue welcomes the latest knowledge regarding the nutrition therapy of gynecological diseases, which will offer valuable insight into how diet as a whole, nutraceuticals, nutrients, dietary patterns, phytochemicals, or other dietary components can serve as preventive and/or therapeutic compounds. Contributions regarding the utility of nutrients in the management of menopause, reproductive dysfunction, and the obstetric outcomes are also welcome.

Prof. Dr. Pasquapina Ciarmela
Guest Editor



mdpi.com/si/62088

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Journal Rank: JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Food Science)

Message from the Editorial Board

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