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Impact of Different Nutrition Strategies on Patients with Inflammatory Bowel Disease (IBD)

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Message from the Guest Editors

Dear Colleagues,

This Special Issue entitled “Impact of Different Nutrition Strategies on Patients with Inflammatory Bowel Disease (IBD)” aims to examine the effects of different nutrition strategies on patients with Crohn’s disease, ulcerative colitis, and irritable bowel syndrome.

Specifically, nutrition strategies are utilized as a way of prevention, remission, and treatment on patients with IBD. However, numerous patients follow different kinds of nutrition plans on a daily basis without knowledge of their possible effects on the disease. As a result, an exacerbation of the disease symptoms is observed, affecting patients’ quality of life.

Thus, we call researchers to contribute to a scientific topic which needs further guidance for patients with IBD.

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