



China National Nutrition Survey

Guest Editor:

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Message from the Guest Editor

With the change of lifestyle that has been observed in the last several decades, the prevalence of chronic diseases in China has increased sharply. Chronic diseases seriously harm national health, and include cardiovascular disease, obesity, dyslipidemia, diabetes, and so on. In recent years, dietary patterns have been widely used in the research of nutrition and diseases. Dietary patterns can comprehensively and practically reflect the comprehensive effects of food and nutrients through the analysis of the overall patterns. Therefore, dietary pattern analysis can more comprehensively reflect the relationship between diet and chronic diseases. The improvement of nutritional literacy is very important to guide Chinese people to choose the correct dietary pattern. Therefore, it is very important to investigate and analyze the nutritional status of different populations in China and understand the nutritional literacy of Chinese residents. This Special Issue entitled "China National Nutrition Survey" will include some manuscripts that emphasize the nutritional status of different populations in China and the nutritional literacy status of Chinese residents.





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