



Nutrition Policy for Women, Infants, and Children (WIC) Program

Guest Editor:

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Message from the Guest Editor

Dear Colleagues,

Approximately half of all children born in the United States participate in The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC). WIC provides pregnant women, post-partum women, and children up to the age of 6 with nutritious foods, in order to promote health and growth in these individuals.

There are a number of policies imbedded within the WIC program that can influence the nutritional status of the participants. These include nutrition policies related to breastfeeding promotion, nutrition education programming, nutrition education delivery, the nutritional value of the approved food items, and food store authorization.

The WIC program is modified periodically by the US Congress. The COVID-19 pandemic made it difficult for WIC participants to utilize WIC services. In response to this problem, the US Congress allowed drastic changes to WIC operations, including a change in the amount of funds WIC participants could use to purchase fruits and vegetables.

There are a number of opportunities to study the influence of WIC nutrition policies on the nutritional status, dietary behavior, and health outcomes of the participants.





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