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Obesity and Inflammation: The Role of Nutrition and Diet

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Message from the Guest Editor

Dear Colleagues,

I am delighted to introduce this Special Issue on a topic that is now hotter than ever. It is widely accepted that obesity is an inflammatory condition, and although the exact mechanisms are multiple and remain to be completely unraveled, the consequences manifest in the various comorbidities associated with unhealthy body fat accumulation and distribution patterns. The recent COVID-19 pandemic has provided more evidence of the links between obesity and a dysregulated inflammatory response, making these links even more relevant.

In this Special Issue, we will present the latest research on the links between obesity and inflammation, increased cardiometabolic risk, and the development of comorbidities and present the latest evidence on the role that diet, foods, and nutrients can play to ameliorate these conditions.



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Special *Issue*



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