



## Osteoporosis and Elderly Metabolism and Nutrition

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### **Message from the Guest Editor**

Economic growth around the world is improving health in general, healthcare, education, and nutrition. People around the world are getting older; therefore, healthcare for the elderly should be improved. Better treatment options are extending the life of patients suffering from chronic diseases such as cancer, heart failure, and other major diseases. Osteoporosis is one of the chronic diseases that will increasingly affect the ageing population as a primary disease, as well as patients suffering from other chronic conditions, as a secondary disease. This Special Issue will focus on osteoporosis in the elderly and on how a more extensive knowledge of metabolism and nutrition might improve the prophylaxis and treatment of bone loss and prevent fractures due to primary or secondary osteoporosis.

### **Keywords**

- osteoporosis
- nutrition
- metabolism
- supplementation
- chronic disease
- elderly
- old
- diabetes
- chronic obstructive lung disease
- cancer





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