



nutrients



an Open Access Journal by MDPI

Nutritional Strategies for Pregnancies Complicated by Diabetes or Obesity

Guest Editor:

Prof. Dr. David Simmons

School of Medicine, Western
Sydney University, Sydney, NSW
2560, Australia

Deadline for manuscript
submissions:

closed (5 July 2024)

Message from the Guest Editor

Dear Colleagues,

Hyperglycemia in pregnancy, including gestational diabetes mellitus (GDM) and known pregestational diabetes, is associated with a range of pregnancy complications that can often be avoided with glucose and weight management. Diet, exercise, and optimization of gestational weight gain are cornerstone of management for all forms of diabetes with or without pharmacotherapy and yet often remain a significant challenge for women during pregnancy. Finally, preventing progression to type 2 diabetes after GDM remains elusive, often due to wider life impacts.

In this Special Issue, we seek submissions involving all aspects of diet therapy relating to the prevention and management of any form of diabetes and/or obesity in pregnancy, including GDM, and including those relating to breastfeeding. This includes programs for the prevention of progression to type 2 diabetes after GDM involving dietary intervention. Reports on relevant clinical trials and nutrition-related health outcomes are encouraged.

Prof. Dr. David Simmons

Guest Editor



mdpi.com/si/160012

Special Issue



an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank: JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Food Science)

Contact Us

Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/nutrients
nutrients@mdpi.com
X@Nutrients_MDPI