



nutrients



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Nutrition and Nutraceuticals in Prevention of Heart Disease

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Message from the Guest Editor

Cardiovascular disease (CVD) is the leading cause of death worldwide. There are many complications associated with CVD, including diabetes, hypertension, obesity, and dyslipidemia, which increase the prevalence and mortality and cause a significant burden on individuals and society.

Despite advances in the treatment and intervention of CVD, morbidity and mortality remain high. Management in the area of nutrition is critical for the prevention, prognosis, and quality of life management of CVD. Some studies have shown that a favorable diet, weight loss, a Mediterranean diet, and low sodium intake have clear advantages for treatment progress, while other evidence suggests that deficiency of micronutrition is one of the factors that causes CVD. However, significant gaps remain in the clinical guidelines for dietary management in patients with CVD.

To better validate the role of optimizing nutrition in CVD, this Special Issue will provide evidence and perspective regarding pathophysiological, clinical, and genetic aspects. I would like to invite scientists to contribute original research articles or reviews of the current literature on this topic.



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Special *Issue*



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Message from the Editorial Board

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