



## Nutrition in the Liver Damage

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Deadline for manuscript submissions:

**closed (15 September 2024)**

### Message from the Guest Editors

Nutrition in the case of liver damage supports clinical therapy. We see different extremes in patients with liver disease, from undernutrition to overweight and obesity. The topic of nutrition in liver diseases depends on the stage of the disease and the patient's nutritional status. The slow, irreversible and progressive deterioration of liver function leads to malnutrition. However, in liver diseases related to overweight and obesity, we observe disorders of insulin-like growth factor I (IGF-I) and disorders of lipid and carbohydrate metabolism.

Nutritional deficiencies, including those related to vitamins A, D, E, K, B12, recurrent vomiting and appetite disorders are tasks for a qualified dietitian. Therefore, the aim of this Special Issue is to discuss various solutions and assistance procedures for patients with liver diseases.





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