



## Parental Diet for Offspring Health

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**closed (30 November 2020)**

### Message from the Guest Editor

Dear Colleagues,

A healthy diet in pregnancy is not only conducive to a healthier delivery, but it is also an act of love toward our children.

Dietary quality influences all the phases of human life. Not surprisingly, an increasing body of data suggests that children's health starts in utero and that this imprinting accompanies the children throughout life.

It is well known that the dietary patterns of parents are transmitted from one generation to another. Let us think about obesity: Is it a hereditary disease, or is it simply linked to the family tradition of a cuisine rich in fat, simple sugars, and very large servings?

This Special Issue will welcome all papers that deal with nutrition in this magic, mysterious, and fascinating particular phase of human life that is pregnancy, as a clue for the health of the future generations.

Relevant studies will include, but not be limited to, the effect of nutrition patterns in healthy individuals, as well as the eventual consequences of nutritional management in different diseases, such as coeliac disease, kidney or metabolic diseases.

Prof. Dr. Giorgina Barbara Piccoli  
*Guest Editor*





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