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# Prebiotics and Probiotics in the Management of Chronic Inflammatory Diseases

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Deadline for manuscript submissions:

closed (31 January 2021)

## **Message from the Guest Editor**

With this Special Issue, we aim to provide an overview of the recent advances in the research concerning the use of prebiotics, which are non-digestible substances able to favor the growth and/or activity of health-promoting bacteria, and of probiotics, which are defined as "live microorganisms that when administered in adequate amounts confer a health benefit on the host", in the management of inflammatory disorders. This will allow us to discuss their impact on the regulation of host physiology processes and, notably, their abilities to regulate immune responses and metabolic homeostasis and also neuroinflammation and lung inflammation by acting on the gutbrain and gut-lung axes, respectively. Finally, we will present how the gut microbiota per se is now envisaged as a source of novel health-promoting bacteria and how the combination of pro- and pre-biotics, as potential synbiotics, is able to provide synergistic effects. It will be important to decipher the mechanisms involved and to identify potential bacterial metabolites.







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