



nutrients



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Role of Dietary Elements in Glucose Metabolism

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Message from the Guest Editor

Despite our understanding of the impact of different dietary patterns and nutrition elements on glucose metabolism and our knowledge of the impact of food sequence and intermittent fasting on glycemic control and insulin sensitivity, still, there are many unadjusted variables clouding our understanding of the impact of nutrition elements on diabetes.

In this Special Issue, we would like to bring readers closer to the state-of-the-art in the field of nutrition and diabetes by gathering papers that cover several aspects of nutrition science that impact glucose metabolism, especially those of immediate clinical relevance. Original research articles and reviews (systematic reviews and meta-analyses) are greatly welcome.



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Special *Issue*



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