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# Fat Diets, Obesity and Type 2 Diabetes

Guest Editor:

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Deadline for manuscript submissions:

closed (30 May 2023)

## Message from the Guest Editor

Dear Colleagues,

The consumption of high-fat diets and the resulting obesity is one of the current serious pandemic health problems, and the prevalence is increasing worldwide. The chronic consumption of fats in the diet leads to an increase in obesity, which is a main risk factor for the development of type 2 diabetes.

The goal of this Special Issue, "Fat Diets, Obesity and Type 2 Diabetes", is to focus on the importance of the impact of obesity-related high-fat diets and diet supplementation in the development of metabolic diseases, especially type 2 diabetes

This Special Issue, titled "Fat Diets, Obesity and Type 2 Diabetes" welcomes the submission of manuscripts either describing original research or reviewing the current scientific literature, including systematic reviews and meta-analyses. The manuscripts should focus on the study of the metabolic adaptations derived from the consumption of high-fat diets or dietary supplements and that lead to the development of obesity and in consequence enhance the risk of type 2 diabetes.







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