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Nutritional Problems from Nephrotic Syndrome

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Message from the Guest Editors

Nephrotic Syndrome (NS) poses a number of nutritional and metabolic problems due to glomerulus injured podocytes, which are responsible for the loss of barrier function, causing proteinuria, altered fluid and electrolyte balances, and hypoalbuminemia. In addition, patients may present with macro-micronutrient deficits, hyperlipidemia, growth retardation (in pediatric patients), and malnutrition.

This Special Issue aims to act both as a stimulus for future research regarding possible influences that nutrition may exert on limiting/repairing podocyte damage and dysfunction, and as a means to correct, in daily clinical practice, the major nutritional alterations.



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