



Challenges to Limiting Sarcopenia and Age-Related Diseases to Promote Healthy Aging

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Deadline for manuscript
submissions:

closed (15 October 2023)

Message from the Guest Editors

Dear Colleagues,

As life expectancy continues to increase worldwide, sarcopenia has become a major public health issue. Moreover, sarcopenia is not considered to be “a process of normative aging” but according to the International Classification of Disease, Tenth Revision, Clinical Modification (ICD-10-CM), is a disease.

The impact of sarcopenia on health and well-being is broad. Sarcopenia increases the risk of age-related diseases such as osteoporosis, obesity, type II diabetes, cardiovascular diseases, physical frailty and injury. The problem worsens in the presence of these chronic diseases that accelerate the progression of sarcopenia. It is important to define the possible ways to promote healthy and successful aging.

This Special Issue will highlight the challenges of sarcopenia and age-related diseases research to promote healthy aging. It intends to bring together basic researchers and clinicians working in the area of nutritional sciences, geriatrics, internal medicine and public health. Original research or review articles will be considered suitable for inclusion in the Special Issue.

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Journal Rank: JCR - Q1 (*Nutrition & Dietetics*) / CiteScore - Q1 (*Nutrition and Dietetics*)

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