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## Exploring the Reciprocal Relationships Between Sweeteners and Energy Balance

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### Message from the Guest Editor

Dear Colleagues,

This Special Issue devoted to Sweeteners and Energy Balance will address both the roles of sweeteners in the regulation of energy balance and the role of energy balance in mediating the effects of sweeteners. Controversy exists concerning the roles of both added sugars and non-nutritive sweeteners in the obesity crisis, and experts will review the current state of the evidence on the impact of both added sugars and non-nutritive sweeteners on pathways involving adipose deposition and food intake regulation. Controversy also exists regarding whether the health effects of added sugar are independent of its potential effects on energy balance, and the evidence addressing this issue will also be reviewed.

Prof. Dr. Kimber L. Stanhope  
*Guest Editor*



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