



## **Dietary Behaviors and Obesity Predisposition**

Guest Editor:

**Prof. Dr. Demosthenes  
Panagiotakos**

Department of Nutrition and  
Dietetics, School of Health  
Science and Education,  
Harokopio University, Athens,  
Greece

Deadline for manuscript  
submissions:

**25 September 2024**

### **Message from the Guest Editor**

Dear Colleagues,

The goal of this Special Issue, “Dietary Behaviors and Obesity Predisposition”, is to show the importance of dietary behaviors that predispose individuals to the occurrence of obesity.

Specifically, the aim is to clarify dietary behaviors (i.e., food choices or eating behaviors or dietary intake) that are associated with a higher risk of obesity (e.g., is skipping breakfast associated with an increased risk of obesity?), common dietary behavioral characteristics of people with obesity (e.g., do people with obesity, compared to people without obesity, have different intakes of specific nutrients such as protein or vitamin D intake?) and possible associations between different dietary behaviors (e.g., is snack time associated with snack quality, and if so, does this association have an effect on the risk or the management of obesity?).

The papers submitted will provide healthcare professionals with clear and updated evidence on which dietary behaviors are of concern when managing or trying to prevent obesity.





an Open Access Journal by MDPI

## Editors-in-Chief

### **Prof. Dr. Lluís Serra-Majem**

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

### **Prof. Dr. Maria Luz Fernandez**

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

**Journal Rank:** JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Food Science)

## Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

## Contact Us

*Nutrients* Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
www.mdpi.com

mdpi.com/journal/nutrients  
nutrients@mdpi.com  
X@Nutrients\_MDPI