



nutrients



an Open Access Journal by MDPI

Effects of Dietary Intake of Nutrients on Brain and Cognitive Function

Guest Editor:

Prof. Dr. Chih-Li Lin

Institute of Medicine, Chung Shan
Medical University, Taichung 402,
Taiwan

Deadline for manuscript
submissions:

closed (5 June 2025)

Message from the Guest Editor

Dear Colleagues,

The relationship between cognitive function and dietary intake is a rapidly developing area of research that has substantial implications for public health. The objective of this Special Issue is to compile research that elucidates the influence of a variety of nutrients on brain health, cognitive performance, and neuroprotection. We encourage submissions that investigate the mechanisms of action, epidemiological studies, clinical trials, and innovative methodologies for evaluating the impact of nutrients on cognitive function. The goal is to inform dietary recommendations and interventions that promote cognitive health across the lifespan by advancing our understanding of this area.

Prof. Dr. Chih-Li Lin
Guest Editor



mdpi.com/si/206393

Special *Issue*



an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank: JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)

Contact Us

Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/nutrients
nutrients@mdpi.com
X@Nutrients_MDPI