



nutrients



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Effects of Dietary Intake of Nutrients on Brain and Cognitive Function

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Message from the Guest Editor

Dear Colleagues,

The relationship between cognitive function and dietary intake is a rapidly developing area of research that has substantial implications for public health. The objective of this Special Issue is to compile research that elucidates the influence of a variety of nutrients on brain health, cognitive performance, and neuroprotection. We encourage submissions that investigate the mechanisms of action, epidemiological studies, clinical trials, and innovative methodologies for evaluating the impact of nutrients on cognitive function. The goal is to inform dietary recommendations and interventions that promote cognitive health across the lifespan by advancing our understanding of this area.

Prof. Dr. Chih-Li Lin
Guest Editor



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Special *Issue*



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