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Ultra-Processed Foods, Diet Quality and Human Health

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Message from the Guest Editors

Dear Colleagues,

the increase in the volume of industrially processed products in the global food supply has coincided with an increasing prevalence of obesity and non-communicable diseases in many countries, suggesting that ultra-processed foods consumption may be detrimental for human health. This Special Issue aims to collect new studies investigating the relationship between the consumption of ultra-processed foods, diet quality and human health, including those aimed to: 1. Develop new tools to better determine the rate of consumption of ultra-processed foods in the population; 2. Investigate the rate of consumption of ultra-processed foods in different subgroups of the population, including subjects following different dietary patterns; 3. Analyse the relationship between the consumption of ultra-processed foods and markers of health status; 4. Explore possible mechanisms behind associations between the consumption of processed foods and health. By providing up-to-date assessments of ultra-processed foods consumption and health implications will contribute to understand if future public health nutrition policies are needed.



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Special Issue



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