



Nutritional Intervention in Upper GI and Pancreas Surgery

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Deadline for manuscript
submissions:

closed (30 June 2020)

Message from the Guest Editor

Nutrition has gained a prominent role in postoperative recovery and has been embedded in clinical care pathways in various types of abdominal surgery. The beneficial effect of adequate preoperative nutritional assessment and early start of nutrition postoperatively on postoperative outcomes and modulation the surgical stress response are important driving factors. However, for esophageal, gastric (Upper GI), and pancreatic surgery, the exact role of nutrition has been a subject of discussion. The reasons may be variable: Many patients undergoing upper GI or pancreatic surgery have cancer with associated symptoms of obstruction resulting in weight loss or malnutrition. Furthermore, this type of surgery is associated with major complications such as anastomotic leakage, pulmonary complications and gastroparesis that have a direct impact on the type and especially the route of nutritional support.

In this Special Issue, submissions of manuscripts describing original research, reviews of the scientific literature systematic reviews or meta-analyses are welcomed that elaborate on the role of nutrition in Upper GI and Pancreas surgery patients.





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Journal Rank: JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Food Science)

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