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Management of Non-alcoholic Fatty Liver Disease from Primary Care: Dietary and Nutritional Considerations (2nd Edition)

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Deadline for manuscript submissions:

closed (25 April 2024)

Message from the Guest Editors

Dear Colleagues,

In recent years, non-alcoholic fatty liver disease (NAFLD) has become an emerging disease worldwide closely related to an increase in obesity and type 2 diabetes mellitus (T2DM). This pathology is closely related to metabolic syndrome (MS). However, we do not have sufficient data on the impact of NAFLD on the general population or the consequences it may have in the future.

Primary care is the most appropriate setting for implementing early detection strategies as well as any intervention aimed at weight loss through nutrition and physical exercise. Framing this as a challenge for preventive practices provides an opportunity to avoid the development of advanced stages of this disease as well as its multiple associated comorbidities and complications.

Considering all this, in this Special Issue of *Nutrients* entitled "Management of Non-alcoholic Fatty Liver Disease from Primary Care: Dietary and Nutritional Considerations (2nd Edition)", we encourage researchers to submit articles that examine strategies for the early detection of NAFLD, its risk factors and interventions aimed at weight loss through physical exercise and especially nutrition.



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Special *Issue*



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