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Nutritional Regulation of Plant Extracts on Human Health

Guest Editor:

Dr. Francesca Bosco

Department of Health Sciences, Institute of Research for Food Safety and Health (IRC-FSH), University Magna Graecia of Catanzaro, 88100 Catanzaro, Italy

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Message from the Guest Editor

Dear Colleagues,

This Special Issue, entitled "Nutritional Regulation of Plant Extracts on Human Health," focuses on the impact of plant extracts on human health. Recent references and studies have concluded that the nutritional regulation of plant extracts has a protective role in the development of several human diseases. In addition, it has been reported that the use of antioxidant supplements derived from plant extracts improves the prognosis of some chronic diseases, and their co-administration with some drugs is often synergistic, increasing their therapeutic benefits. Therefore, plantextract-based nutritional intervention can play a key role in human health.



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Prof. Dr. Lluis Serra-Majem

 Centro de Investigación
Biomédica en Red Fisiopatología de la Obesidad y la Nutrición
(CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
Research Institute of
Biomedical and Health Sciences
(IUIBS), University of Las Palmas de Gran Canaria, 35001 Las
Palmas, Spain
Preventive Medicine Service, Centro Hospitalario Universitario
Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016
Las Palmas, Spain

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Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269,

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Nutrients Editorial Office MDPI, Grosspeteranlage 5 4052 Basel, Switzerland Tel: +41 61 683 77 34 www.mdpi.com mdpi.com/journal/nutrients nutrients@mdpi.com X@Nutrients_MDPI