



nutrients



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Diet, Inflammation and Metabolic Complications

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Message from the Guest Editors

Dear Colleagues,

In this special issue, we focus on the role of diet, particularly dietary components and factors that may contribute to the obesity epidemic and are associated with systemic metabolic complications, or may be used as drugs to treat obesity and its related complications. At the same time, certain types of diets or dietary components can be a savior against metabolic complications. Our special issue also focuses on the dual roles of diet and dietary components in regulating metabolic complications. Articles on plant or herbal extracts, or specific isolated components, demonstrating potential therapeutic benefits or contributing to the pathophysiology of systemic complications are also welcome to be submitted to this special issue series. The focus may be on systemic complications or organ-specific pathology, or treatment using specific diets or dietary components. This special issue will provide a clearer understanding of the role of diet and dietary components in regulating obesity and metabolic complications.



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Special *Issue*



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